



STUDENT-LED HEALTH & SAFETY

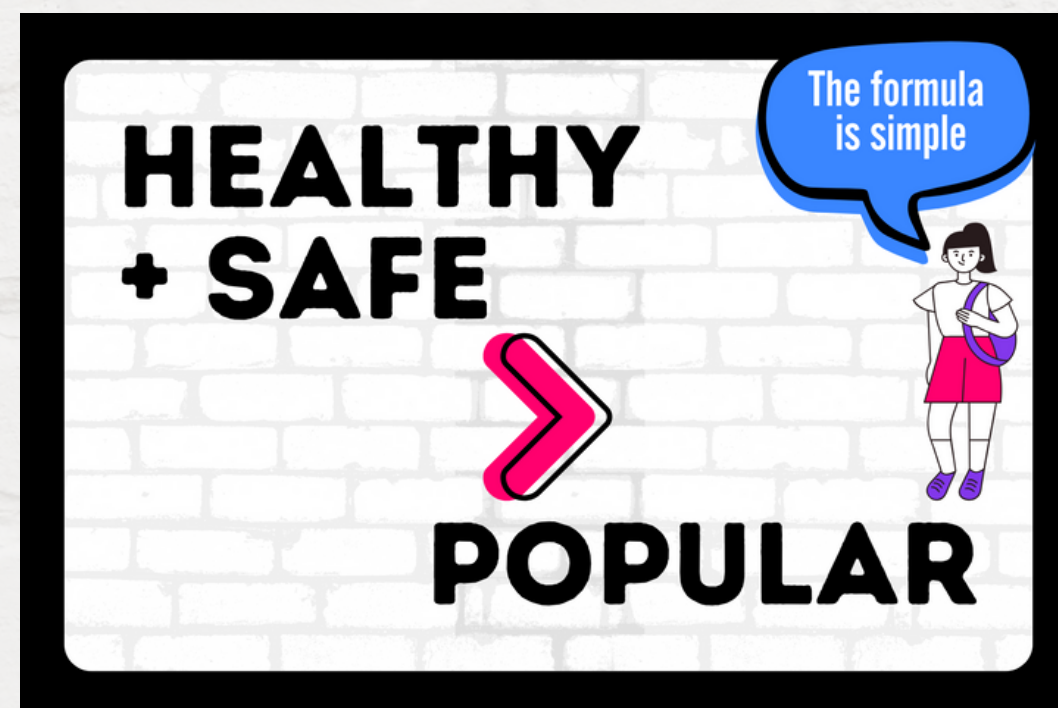
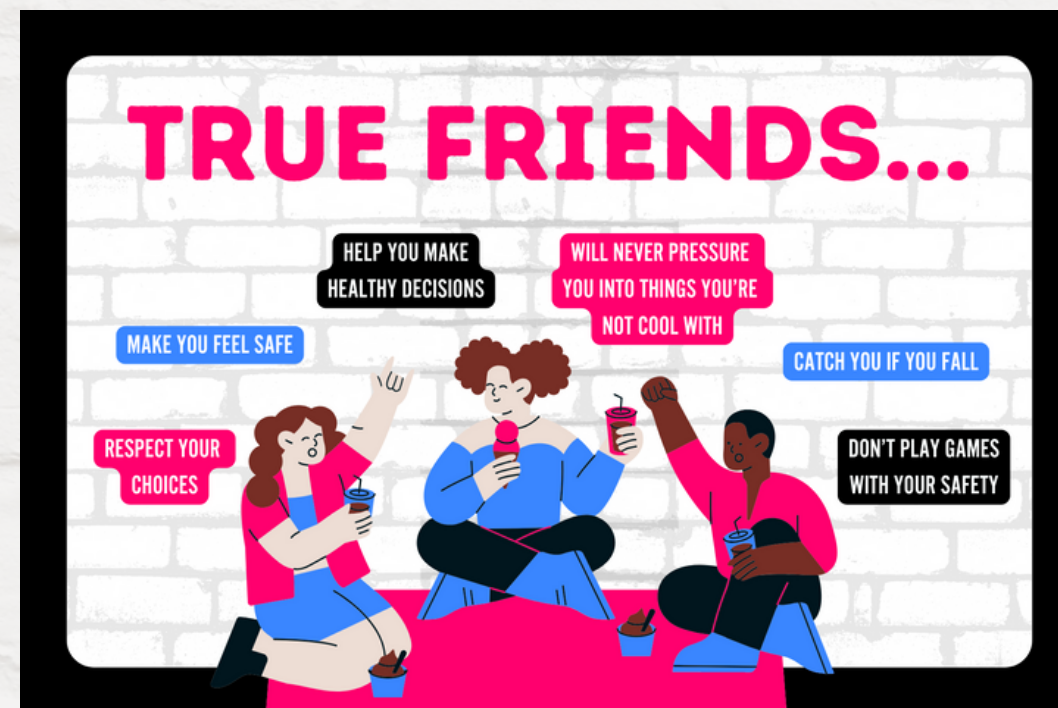
CAMPAIGNS

FACTS

- Fentanyl is 50 times stronger than heroin.
- Just 2 milligrams (a few grains of sand) of fentanyl can be lethal.
- Fentanyl is showing up in fake pills that look like common prescription drugs.
- There is no way to tell the difference between a real prescription pill and a fake by looking at it.
- 78% of Oregon teens listed their parents as their most preferred source for providing information about fentanyl and counterfeit pills.

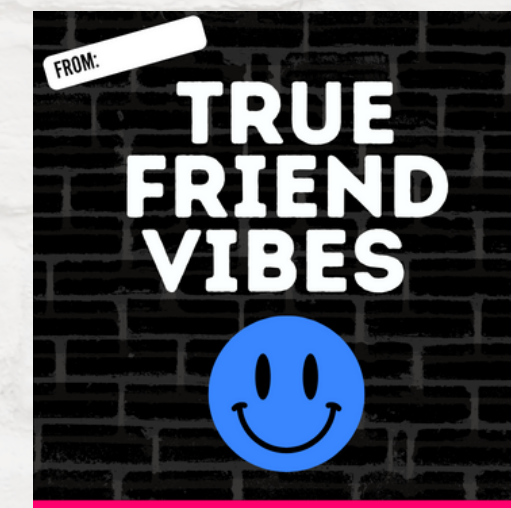
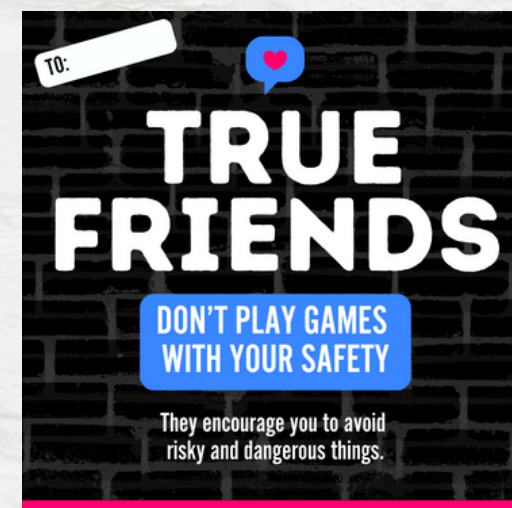
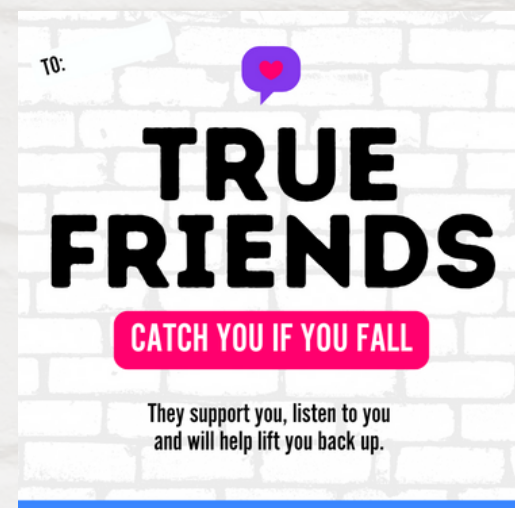
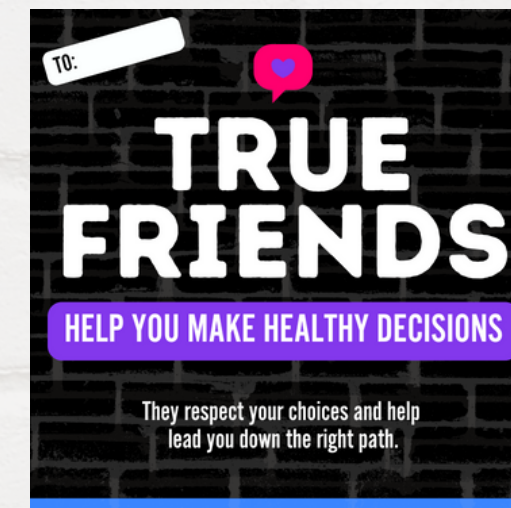
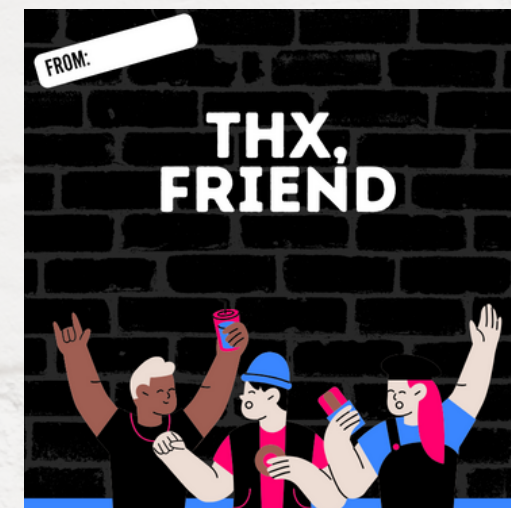
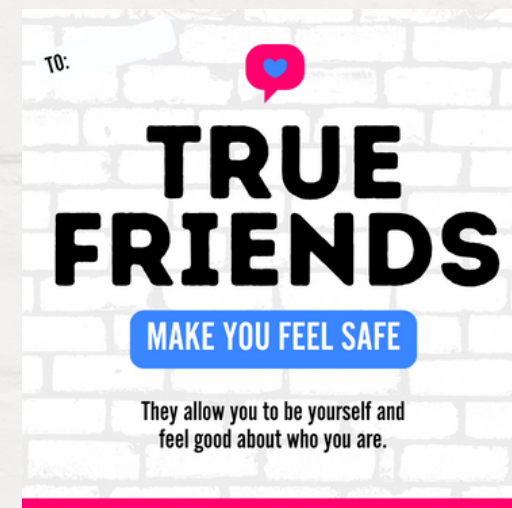
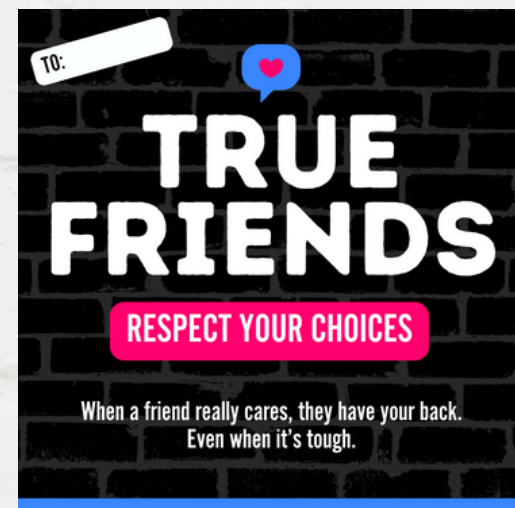
THE CAMPAIGNS - POSTCARDS

4X6



THE CAMPAIGNS - POSTCARDS

2.5 X 2.5



THE CAMPAIGNS - POSTERS

11X17

**FRIENDS
CHOOSE SAFETY**

IF SOMETHING FEELS "OFF".
IT'S SMART TO HAVE A WAY OUT.

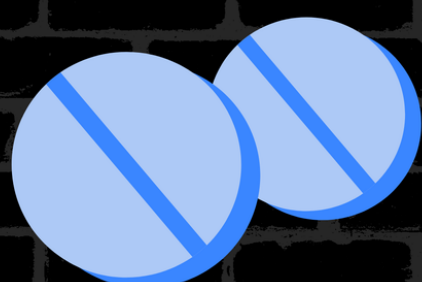


OUTS:

"My parents just texted. I gotta check in."
"I'm not feeling great. I'm heading home."
"I'm not into this. I'm out."

**FRIENDS
CHOOSE SAFETY**

FAKE PILLS ARE OUT THERE.
THEY LOOK LEGIT, BUT THEY'RE NOT.



Always assume a pill contains fentanyl if it
didn't come from your doctor and a pharmacy.

**FRIENDS
CHOOSE SAFETY**

BAD DAYS HAPPEN.
HOW YOU HANDLE THEM IS WHAT MATTERS.

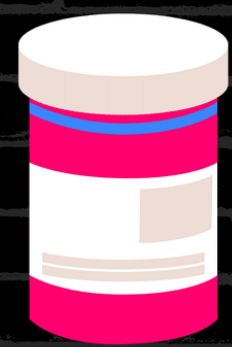


CHOOSE HEALTHY WAYS TO DEAL:

music, books, movies, friends
and outdoor activities.

**FRIENDS
CHOOSE SAFETY**

NOT FROM YOUR DOC OR A PHARMACY?
DON'T TAKE IT.



It's the best way to keep yourself
safe from fake pills made of fentanyl.

**FRIENDS
CHOOSE SAFETY**

MANAGE STRESS BY PRESSING PAUSE.



TAKE A BREAK AND...

- Chat with a friend
- Listen to a playlist
- Talk with a trusted teacher
- Cuddle with your dog
- Hang in the gym
- Visit your school counselor

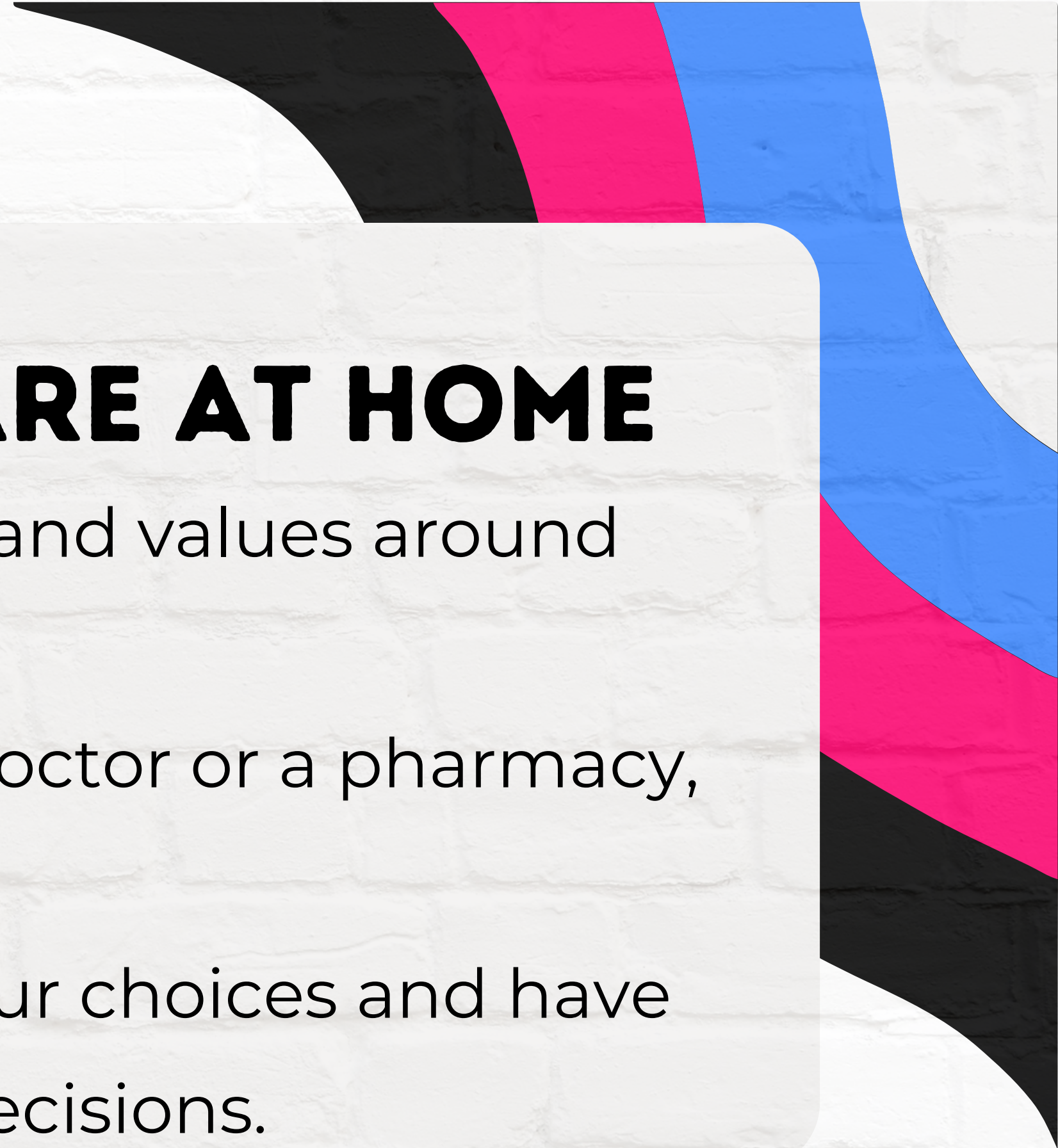
**FRIENDS
CHOOSE SAFETY**

SURROUND YOURSELF
WITH TRUE FRIENDS



TRUE FRIENDS...

Respect your choices
Make you feel safe
Help you make healthy decisions
Don't pressure you



MESSAGES TO SHARE AT HOME

1. Your family's expectations and values around substance use.
2. If a drug is not from their doctor or a pharmacy, it's not safe.
3. True friends will respect your choices and have your back in making safe decisions.

CONVERSATION STARTERS

1. What do you know about Fentanyl?
2. Why do you think people use substances?
3. Why do you think most teens do NOT use substances?

LEARN MORE

Visit OHA's Fentanyl
Toolkit for Schools:



<https://bit.ly/458kM8T>

THANK YOU

Together, we can make sure our students are informed and protected. Thank you for your support in keeping our school community safe!